Trump: The Morning After (by Gregg Henriques, written May 16, 2016)

It is November 9, 2016. Trump and his band of supporters are ecstatic. Somehow, against all odds, against all the professional pundit and intellectual nay-saying, it happened! He did it! He engaged in the most remarkable sales job in the history of the country. He was given the highest political office in the land, indeed in the world, on the pitch of complete anti-political correctness with no political experience! Yes, it was helped a bit by Hillary's indictment in August for the email scandal and the fact that both parties were in disarray. But it was Trump's brilliance in staying the course in revealing just how much anger and resentment had been built up against both the Washington insider political establishment and the rampant political correctness in the progressive left. The country joined together in giving both of these systems the big middle finger that is Trumpism!

And, so, with the mandate to smash both these systems, Trump now...does what? He is a salesman. The job has been sold. His work is done. If anyone thinks that behind the shiny object of Trump there is a deep intellect that knows how to rebuild a broken establishment to become a functioning political body, then he or she an idiot, because at this level, Trump is an idiot and his idiocy is there for all to see. If we actually take Trump at his word, he will immediately start banning Muslims from entering the US; he will bring back torture; start murdering the innocent family members of jihadists; repeal the Affordable Care Act leaving millions without health insurance; start rounding up 11 million illegal immigrants to deport them; default on the U.S. credit; start a trade war with China; bomb the sh*t out of the Middle East; and renounce all U.S. climate change goals and agreements.

Of course, all Trump really knows how to do in the political arena is stoke the fires via tweeting, poke a finger in the eye of a weak and broken political establishment, and say things that break all the political rules. That is it. Well, that and how to be an over-the-top narcissist who sticks his name on everything he can. On November 9, 2016, we can all wake up and be the United States of Trumpism!

But stop and think for a minute about what a person needs to do to actually govern as President of the United States of America, as opposed to just getting elected on an angry, anti-establishment, populist wave. He or she actually needs to work with congress to enact policies that coordinate government, as well as be a thoughtful, respectful Head of State who manages all the complexities that come with that role. Does ANYONE think that Trump will have any leverage with either Democrats or Republicans in Congress after this election? Both establishments are essentially defined against him. So what is going to happen? They will resist. He will throw a temper tantrum and try to bring his bullying style to force folks to submit, which will only piss off the narcissists in Congress and what you get is a much worse Executive-

Legislative stalemate than anything we have seen. Of course, that means that Trump will not actually be able to do much of anything, other than whine and embarrass the country (remember, folks, he says things like, "My hands and other appendages are totally fine!"). His political impotence will enrage him, and he will get very "unpredictable." Do we really want a spiteful, impulsive, narcissist as the Commander and Chief of the most powerful country in the world? All I can say is that, ala Cruz, I hope he will not end up nuking Denmark.

WAKE THE F^@K UP PEOPLE!

Yes, the political establishment is broken. Yes, undereducated disaffected traditional whites are being hurt and need to be listened to, and we need to consider policies that will protect them. Yes, political correctness has run amok in many places. Yes, Hillary is a professional leftist politician who understandably is seen by many on the opposite side of the isle as a manipulator and a liar, and who will continue much along the policy lines of Obama. All these things are true.

But as a clinician who warns people all the time about how NOT TO MAKE STUPID IMPULSIVE MISTAKES when you are feeling down and angry, I beg the AMERICAN PEOPLE NOT TO MAKE THE STUPID MISTAKE OF ELECTING DONALD TRUMP! Even if your gut tells you he is an interesting guy, that we should try something new, that he isn't really as racist or sexist as many on the left make him out to be, even if you are frustrated with status quo and you really, really don't like Hillary. Just stay home and let's all start thinking about who should be elected in 2020 to fix our broken system.

But everyone must wake up NOW to the fact that electing Donald Trump would give this country the biggest hangover it has ever had—the kind of hangover from which we may never recover.